

# Minor in Clinical Health Psychology

## About This Program

The Clinical Health Psychology Minor provides students with a foundational understanding of psychological principles and their application specifically related to mental and physical health. Courses offer insights into human development, mental health disorders, and the role of genetics in behavior, preparing students for careers in psychology, healthcare, or research.

The Clinical Health Psychology minor comprises 18 credit hours or more in Psychology (PSYC) courses. A 2.0-grade point average (calculated only by the PSYC courses taken in residency) must be maintained in the minor. To request a minor be added to your degree plan, please complete the [minor request form](https://cdn.web.uta.edu/-/media/project/website/science/psychology/documents/degree-programs/undergraduate/minors/clinical-health-psychology-minor02172022.ashx?revision=2c3cd3f6-5ddf-4bbb-8585-c95bc852f280) (<https://cdn.web.uta.edu/-/media/project/website/science/psychology/documents/degree-programs/undergraduate/minors/clinical-health-psychology-minor02172022.ashx?revision=2c3cd3f6-5ddf-4bbb-8585-c95bc852f280>) and seek approval from your academic advisor.

## Competencies

1. Upon completion, students will demonstrate a foundational understanding of psychological principles and their application to mental and physical health.

## Curriculum

### Foundations

PSYC 1315	INTRODUCTION TO PSYCHOLOGY	3
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### Specialization

Select 15 hours from the following, all of which have a prerequisite of PSYC 1315 with a C or better: 15

PSYC 3304	ANALYSIS & MANAGEMENT OF BEHAVIOR
PSYC 3310	DEVELOPMENTAL PSYCHOLOGY
PSYC 3312	SOCIAL & PERSONALITY DEVELOPMENT
PSYC 3314	PSYCHOLOGY OF PERSONALITY
PSYC 3317	INTRODUCTION TO CLINICAL AND COUNSELING PSYCHOLOGY
PSYC 3318	ABNORMAL PSYCHOLOGY
PSYC 3319	PSYCHOLOGY OF ADOLESCENCE
PSYC 3320	BEHAVIOR AND MOTIVATION
PSYC 3322	BRAIN AND BEHAVIOR
PSYC 4301	PRINCIPLES OF NEUROSCIENCE
PSYC 4309	NEUROPHARMACOLOGY
PSYC 4327	BEHAVIORAL GENETICS
PSYC 4357	HEALTH PSYCHOLOGY
PSYC 4410	ADVANCED TOPICS IN DEVELOPMENTAL PSYCHOLOGY
PSYC 4411	ADVANCED TOPICS IN PERSONALITY
PSYC 4421	ADVANCED TOPICS IN NEUROSCIENCE
PSYC 4430	ADVANCED TOPICS IN CLINICAL COUNSELING
PSYC 4432	ADVANCED TOPICS IN HEALTH
PSYC 4398	HONORS THESIS <sup>1</sup>
PSYC 4161	READINGS IN PSYCHOLOGY <sup>1</sup>
PSYC 4281	RESEARCH IN PSYCHOLOGY <sup>1</sup>
PSYC 4361	READINGS IN PSYCHOLOGY <sup>1</sup>
PSYC 4181	RESEARCH IN PSYCHOLOGY <sup>1</sup>
PSYC 4261	READINGS IN PSYCHOLOGY <sup>1</sup>
PSYC 4381	RESEARCH IN PSYCHOLOGY <sup>1</sup>

Additional 3000/4000 level courses approved by advisor.

### Total Hours

18

<sup>1</sup> A maximum of 6 hours of thesis, research, or readings credits may be applied to the minor.

## Advising Resources

Psychology Advisors are available to meet with:

1. Non-freshman students who have met the College of Science transition criteria to be advised in the College of Science
2. Transfer students
3. Students who wish to minor in Psychology

### EMAIL:

psychologydepartment@uta.edu

### PHONE:

817-272-2281

### WEB:

Psychology Advising (<https://www.uta.edu/academics/schools-colleges/science/departments/psychology/advising/>)