

Bachelor of Arts in Kinesiology (Coaching and Youth Sports)

About This Program

The Bachelor of Arts in Kinesiology--Coaching and Youth Sports concentration is designed to provide a scientific and pedagogical foundation with multiple experiences that enable students to observe, assist, coach, and create programs that encourage physical activity across the age spectrum: youth, high school, collegiate, elite-level, or private coaching. In addition to the identified core and specialization courses there are 9 hours available as electives.

Competencies

1. Upon graduation, students will be able to develop, implement and supervise youth sport opportunities that support both physical and mental wellness.
2. Upon graduation, students will be able to effectively communicate with athletes, parents, and community supporters.
3. Upon graduation, students will be able to prevent and treat sport injuries.
4. Upon graduation, students will be able to teach life skills such as sportsmanship, discipline, and goal setting.

Admissions Criteria

To ensure that all students develop a solid academic foundation, all first time, first-year freshman students (regardless of intended major) must obtain academic advising and clearance for registration from a Division of Student Success academic advisor during their first year. After the first year, students should seek advisement from the BA Kinesiology Advisor in the Department of Kinesiology. Transfer students must seek academic advising from the BA Kinesiology Advisor immediately.

- All classes involving field-based experiences require students to pass a criminal background check. This is also a requirement for all certified teachers and professionals that work with school aged children in the State of Texas.

Curriculum

Foundations

General Core Requirements (<https://catalog.uta.edu/academicregulations/degree requirements/generalcore requirements/>)

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Students must complete specific courses in certain core area.

For Communication select:

ENGL 1301 & ENGL 1302	RHETORIC AND COMPOSITION I and RHETORIC AND COMPOSITION II
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For Life & Physical Sciences select:

BIOL 1441	BIOLOGY I FOR SCIENCE MAJORS: CELL AND MOLECULAR BIOLOGY
BIOL 2457	HUMAN ANATOMY AND PHYSIOLOGY I

For Mathematics select:

MATH 1302	COLLEGE ALGEBRA
MATH 1308	ELEMENTARY STATISTICAL ANALYSIS

For Social & Behavioral Science select one of the following:

KINE 2350	PUBLIC HEALTH: PRINCIPLES AND POPULATIONS
CRCJ 2334	INTRODUCTION TO THE CRIMINAL JUSTICE SYSTEM
MANA 2302	COMMUNICATIONS IN ORGANIZATIONS
PSYC 1315	INTRODUCTION TO PSYCHOLOGY
SOCI 1311	INTRODUCTION TO SOCIOLOGY

For US History select:

HIST 1301	HISTORY OF THE UNITED STATES TO 1865
HIST 1302	HISTORY OF THE UNITED STATES, 1865 TO PRESENT

For Component Area option select:

BIOL 2458	HUMAN ANATOMY AND PHYSIOLOGY II
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Kinesiology Foundations

Additional hours required in core.

3

For Cultural Diversity select one of the following:

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LING 2301	INTRODUCTION TO THE STUDY OF HUMAN LANGUAGE	
ANTH 2322	GLOBAL CULTURES	
ANTH 3331	CULTURE AND PERSONALITY	
For Cultural Diversity select an additional course in a specific emphasis in consultation with advisor.		3
Kinesiology Specialization		
Kinesiology Core		
KINE 1315	INTRODUCTION TO PHYSICAL EDUCATION AND SPORT	3
KINE 1300	INTRODUCTION TO KINESIOLOGY AND EXERCISE SCIENCE	3
KINE 1100	LAB SKILLS IN KINESIOLOGY AND EXERCISE SCIENCE	1
KINE 2301	TEACHING GAMES FOR UNDERSTANDING	3
KINE 2302	DANCE AND MOVEMENT ACTIVITIES	3
KINE 3300	FUNCTIONAL ANATOMY	3
KINE 3401	BIOMECHANICS OF HUMAN MOVEMENT	4
KINE 3302	SPORT AND EXERCISE PSYCHOLOGY	3
KINE 3307	SPORT AND SOCIETY: ISSUES AND DEBATES	3
KINE 3304	ADAPTED PHYSICAL EDUCATION & SPORT	3
KINE 3415	PHYSIOLOGY OF EXERCISE	4
KINE 3325	UNDERGRADUATE RESEARCH METHODS	3
Coaching and Youth Sports Concentration		
KINE 2330	CARE AND PREVENTION OF ATHLETIC INJURIES	3
KINE 3312	SPORTS LEADERSHIP AND COACHING	3
KINE 3313	COACHING OF NET/WALL GAME PRINCIPLES	3
KINE 3388	THEORY AND APPLICATION IN MOTOR DEVELOPMENT	3
KINE 4319	FITNESS, HEALTH AND OUTDOOR ADVENTURE ACTIVITIES EDUCATION	3
KINE 4323	MOTOR CONTROL AND LEARNING	3
KINE 4329	STRENGTH & CONDITIONING IN SPORT AND PERFORMANCE	3
KINE 4339	SPORTS LEADERSHIP AND MANAGEMENT INTERNSHIP	3
Electives		9
Select any three courses.		
Total Hours		120

Program Completion

Students must maintain an overall GPA of 2.5 and a KINE GPA of 2.5

Advising Resources

Kinesiology students are advised to meet with an advisor each semester to discuss registration and academic progress. When admitted to the program students will receive email information pertaining to their degree plan.

Location:

554 Pickard Hall

Email:

exssphadvising@uta.edu

Phone:

817-272-2776

Web:

Kinesiology Advising Information (<https://www.uta.edu/academics/schools-colleges/conhi/student-resources/advising-kinesiology/>)