

Bachelor of Arts Minor in Coaching and Youth Sports

About This Program

The Minor in Coaching and Youth Sports consists of 18 hours, six of which must be upper level.

Competencies

1. Upon graduation, students will be able to develop, implement and supervise youth sport opportunities that support both physical and mental wellness.
2. Upon graduation, students will be able to effectively communicate with athletes, parents, and community supporters.
3. Upon graduation, students will be able to teach life skills such as sportsmanship, discipline, and goal setting.

Curriculum

The minor consists of 18 hours, six of which must be upper level.

KINE 1315	INTRODUCTION TO PHYSICAL EDUCATION AND SPORT	3
KINE 2301	TEACHING GAMES FOR UNDERSTANDING	3
KINE 2302	DANCE AND MOVEMENT ACTIVITIES	3
Electives		
Select 9 hours from the following:		9
KINE 3302	SPORT AND EXERCISE PSYCHOLOGY	
KINE 3304	ADAPTED PHYSICAL EDUCATION & SPORT	
KINE 3307	SPORT AND SOCIETY: ISSUES AND DEBATES	
KINE 3312	SPORTS LEADERSHIP AND COACHING	
KINE 3313	COACHING OF NET/WALL GAME PRINCIPLES	
KINE 4319	FITNESS, HEALTH AND OUTDOOR ADVENTURE ACTIVITIES EDUCATION	
Total Hours		18

Program Completion

A 2.5 grade point average must be maintained for a student to remain in the minor.

Advising Resources

Kinesiology students are advised to meet with an advisor each semester to discuss registration and academic progress. When admitted to the program students will receive email information pertaining to their degree plan.

Location:

554 Pickard Hall

Email:

exssphadvising@uta.edu

Phone:

817-272-2776

Web:

Kinesiology Advising Information (<https://www.uta.edu/academics/schools-colleges/conhi/student-resources/advising-kinesiology/>)